
My Spiritual Practices to Finish Well

This exercise provides an opportunity to draft a plan that will help you on your finishing-well journey. Here are several suggestions.

- Don't draw up a plan that is too ambitious to implement immediately.
- Select a person who will hold you accountable to apply these practices faithfully.
- If you are married, discuss these with your spouse. It is much easier to practice the disciplines if your spouse participates.

1. Bible Reading

- How often _____
- How much time _____
- Location _____
- Select the Bible or Bible study tool _____

2. Prayer

- How often _____
- How much time _____
- Location _____
- Draft a list of people and things for which to pray _____

3. **Calling**

I sense the Lord wants me to serve

- Where _____
- How _____
- When _____

4. **Discipleship**

People who will help me on my finishing-well journey

- Who _____
- Our discipleship plan _____
- When we will begin _____

People I will help on their finishing-well journey

- Who _____
- Our discipleship plan _____
- When we will begin _____

5. **Other practices to implement on your finishing-well journey**

- _____
- _____
- _____